

TOOLS FOR WELL-MEANING WHITES



TURN THE

RISE ABOVE TOXIC, DIFFICULT SITUATIONS IN THE WORKPLACE

KATHY OBEAR, ED.D.



KATHY OBEAR



transformation and change

Leading White Accountability Spaces in Your Organization

Session #1

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Course Purpose: (page 3)

Deepen your capacity to design and lead White/Whiteness Accountability Spaces in your organization.

<u>Next Steps</u>:

- 1. Watch the webinar: Interrupting Racism in Your Organization
- 2. Finish reading my book
- 3. Listen to my Radio Show recording ~ February 3, 2020
- 4. Come with questions, dilemmas

KATHY OBEAR, ED.D.

....BUT I'M NOT RACIST!

TOOLS FOR WELL-MEANING WHITES



<u>Course Learning Outcomes</u>: Increase your competence, confidence, and courage to:

- Identify the Business/Leadership Case for sponsoring White/Whiteness Accountability Spaces
- Work with leaders to get their support and buy-in as well as position White Accountability Spaces within the strategic plan and goals of the organization
- Identify critical intentions and goals for White Accountability Spaces
- Plan how to start a White Accountability Space: Purpose, marketing, training, etc.

Course Learning Outcomes: Increase your competence, confidence, and courage to:

- Build an authentic learning community in the 1st few sessions
- Design and scaffold learning activities to develop the capacity of participants over time
- Assess your current capacity to design & facilitate White Accountability Spaces
- Anticipate and engage predictable types of resistance from employees and leaders
- Avoid common traps and pitfalls

Why I Use the Terms:

White or Whiteness Accountability Spaces

And not:

- Caucuses
- Affinity Groups
- Employee Resource Groups, Business Groups



In the CHAT, please note:

1. As a _____ (how you identify racially)...

2. Why it is critical we have White Accountability Spaces in our organizations?

Why are Accountability Spaces Critical?

- In mixed race spaces, people of color experience harm from whites
- Whites' unproductive, racist dynamics of White Fragility & resistance
- Whites, generally, are not racially competent and need far more work & structure to develop capacity
- Whites, generally, do not get honest in mixed race groups
- People of color are exhausted & still take career limiting risks

Engagement Guidelines, page 26

- 1. Open and honest communication
- 2. Participate fully (comfort zone +1); Expect discomfort if learning
- 3. Speak from personal experience
- 4. Listen respectfully; Listen to learn
- 5. Seek to understand; Expect disagreement & listen harder
- 6. Share air time: Move in, move out
- 7. Be fully present
- 8. Be open to new perspectives
- 9. Explore impact; acknowledge intent

10. Expect people to learn and grow; don't freeze-frame others

11.Take risks; Lean into
discomfort; Be brave; Engage

12. Respect and maintain confidentiality

13. Notice/describe what you see happening in the group, in you

14. Recognize your triggers; Share if you feel triggered

15. Trust that dialogue will take us to deeper levels of understanding and acceptance

16. Engage & embrace this opportunity; We won't be finished

As a _____ (how you identify racially)...

*Which ones do you commit to leaning into, maybe more than usual, in this course?

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What might convince your leaders to support White Accountability Groups?

Outcomes Align with Strategic Priorities

- Create high performing, racially inclusive teams and organizations
- Better serve increasing racial diversity among clients
 - Increase market share; financial viability
- Hire and retain and promote talent that reflects our clients
- Mobilize the rest of the organization to be active contributors to a racially inclusive organization

Leadership/Business Case for White Accountability Spaces

- Recruitment & Retention
- Costs of turnover
- Low quality services & products
- Losing market share ~ Emerging Markets
- Mismanaged customer service
- **Reputation of organization**
- Avoid law suits
- Leave a legacy

Possible Purpose & Outcomes of White Accountability Spaces

- Review page 5
- In chat, note the #'s of possible purposes:
 - a) Which 4-5 might be useful in your organization, given capacity of whites?
 - b) Which 3+ might attract leader support?

Ways to Gain Support for White Accountability Groups

- VP for Institutional Equity & Inclusion
- EDI Task Forces
- Allies among Senior Leadership
- Current ERGs, Affinity Groups/Caucuses
- Align with Strategic Priorities, Strategic Plan
- Analyze current/new data: Surveys, Focus Groups, HR
- Find potential members: Book Clubs, Dismantling Racism Workshops, EDI trainings

Overall Outcomes of Accountability Groups

- Deepen capacity to partner with colleagues of color and whites to create racially inclusive teams, organizational culture & climate, policies, practices, programs, and services
- Increase awareness of dynamics of race and racism in the organization, community & society
- Recognize, interrupt and shift racist & white supremist dynamics and practices in the moment

Anticipate Resistance from the Start

Share examples in CHAT

- "Not only white people are racist."
- "YET ANOTHER COURSE DESIGNED TO SUCK IN THE GULLIBLE"
- "u cannot put a group of white people in a room together, exploring their 'whiteness', and not both rehearse AND renew pathological 'whiteness'. This is a foundational tenet of anti-bias work and also f***ing common sense"

Consider These Structures

- Executive Sponsor, Liaison, Champion
- Co-conveners
- Conveners-in-training to share workload
- Development for Co-conveners
- Resources to support group development, organizational programming
- Connections with Inclusion Change Team, other Affinity/ERG Groups

Assess Needs and Desires

- Ask colleagues of color in ERGs, leadership
- Ask white change agents, Sponsors & Champions
- Ask potential or committed participants:
 - Why do you want to participate?
 - **Issues and questions** you want to explore?
 - What is your current understanding of the dynamics of race and racism in our organization? Local community? Within our organization's footprint?

Assess Needs and Desires

- What are your hopes & concerns?
- Suggested Competencies for White Allies & Change Agents, pgs. 16-23
 - Which of these do you do consistently, effectively?
 - What 5+ do you hope to develop in this process?

• Other ideas in CHAT

Where to Start?!?!?

- Executive Sponsors, Champions
- Initial Conveners
- Clear Business/Leadership Case
- Assess capacity of potential participants
- Clear Intentions & Purpose
- Outcomes for participants, to start

Learning Outcomes (1) Increase your competence, confidence, and courage to: (pgs. 7-9)

- Create racially inclusive, high-performing teams and services
- Honestly explore your own racialized socialization
- Recognize racist attitudes, behaviors and microaggressions in yourself and whites
- Understand the impact of racist behaviors and practices
- Identify racist implicit bias and white supremist attitudes that fuel microaggressions and racist policies

Learning Outcomes (2) Increase your competence, confidence, and courage to: (pgs. 7-9)

- Shift and interrupt racist thoughts and attitudes in the moment before you (unconsciously) react out of them
- Interrupt and shift racist dynamics and microaggressions, interpersonal aggressions
- Respond effectively when your behaviors have a negative racist impact on others
- **Recognize the common manifestations white privilege**
- Interrupt and shift white privilege in the moment

Learning Outcomes (3) Increase your competence, confidence, and courage to: (pgs. 7-9)

- **Use a Race Lens to analyze and revise policies,** practices, programs, and services to eliminate negative differential impact on people of color
- Recognize and shift unproductive white cultural dynamics in your organization to create a more inclusive, racially just organizational climate and culture
 - **Build and expand your accountability community of** white allies, ("accomplices") and change agents

Meet participants where they are; Scaffold capacity-building over time

Marketing: The HOW

- Needs assessment
- Current, planned trainings: HR, T&D
- Leader communications
- EDI structures: Senior Leader, Inclusion Change Teams, Inclusion Partners
- Employee Resource Groups, Affinity Groups
- Communications Department: Newsletters, website, employee email (purpose and link to learn more)
- Transparency on website: Post resources, session outlines, link for questions & comments

Marketing: The WHAT

- Intentions & Purpose for the group
- Executive Sponsor and CEO/President quote, video
- The Why, the Business/Leadership Case
- How group's work aligns with strategic priorities
- How the group will work together
- Dates, frequency, location
- Initial topics of conversation & skill-building
- Expectations if choose to participate
- Email of Co-conveners or group for questions

Expect and Plan for:

RESISTANCE Hale email Hate Social Hedia

*Consult with Sponsor, Champion

*Plan response protocol with HR & Legal Counsel, Communications /PR Department

Initial Pitfalls to Avoid

- Middle manager/supervisor sabotage
- Insufficient investment of time and resources to launch and develop
- Lack of sufficient parallel investment and organizational support to ensure the success of Affinity Spaces for people of color and members of other marginalized groups
- Lack of ongoing development of Champions, Coconveners, and Group members

More Initial Pitfalls to Avoid

- Lack of accountability structures
- Inattention to intersectionality
- Over-focusing on the comfort and fragility of whites
- Not engaging the cross-generational dynamics, differing needs, etc.
- Barriers to participation from hourly and shift workers, administrative assistants...
- Others?

Please list Other Resources in CHAT

- LA AWARE <u>https://www.awarela.org</u>
- 1619 Podcast
- Seeing White Podcast
- White Fragility Quiz <u>https://www.beacon.org/assets/clientpages/whitefr</u> <u>agilityquiz.aspx</u>
- White Fragility <u>https://robindiangelo.com/resources/</u>
- Harvard Implicit Bias "tests" <u>https://implicit.harvard.edu/implicit/takeatest.html</u>

BONUS Q&A Just for Course Participants

- Friday, March 27th, same time
 - 2:30-4pm ET
 - Same Zoom link
 - Will be recorded
- Bring any & all questions & dilemmas

Homework for the session #2

- 1. Bring 5+ examples of racist microaggressions
- 2. Complete the Self-Assessment, Suggested Competencies for White Allies & Change Agents (pgs. 16-23)
- **3. Finish reading my book**
- 4. Watch the webinar: Interrupting Racism in Your Organization
- 5. Listen to my February & March Radio Shows
- 6. Review the manual; come with questions
- 7. Optional: Watch my recordings: Dimensions of Diversity©; Path to Competence©