# transformation and change

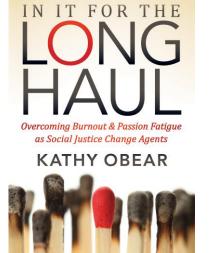
#### **Unproductive Meeting Dynamics ~ Intent & Impact**

Kathy Obear, Ed.D. <u>www.drkathyobear.com</u>

LEADING WHITE ACCOUNTABILITY GROUPS

Create Racially Inclusive Teams and Anti-Racist Organizations





TURN THE

RISE ABOVE TOXIC, DIFFICULT SITUATIONS IN THE WORKPLACE

KATHY OBEAR, ED.D.





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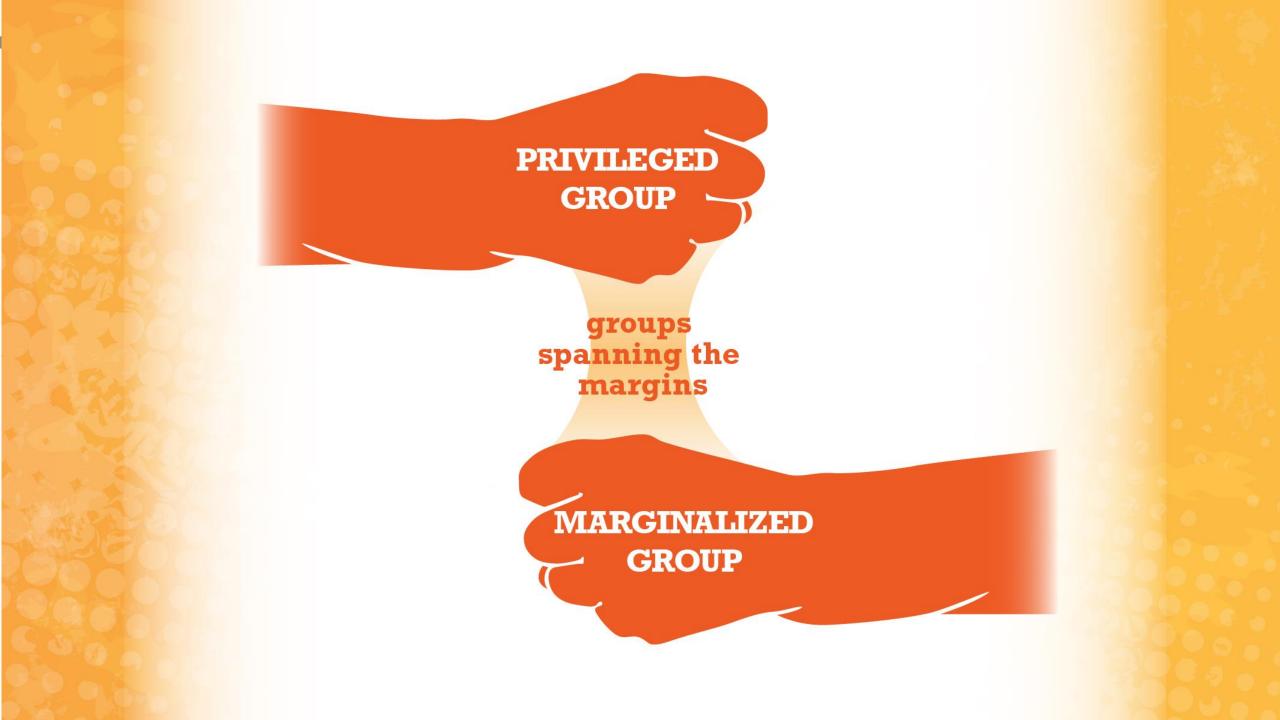
....BUT

I'M NOT

**Unproductive Meeting Behaviors ~** Impact Across Differences?

- 1. Interrupts, dominates
- 2. Makes inappropriate comments or "jokes"
- 3. Belittles the input or comments of others
- 4. Makes snide or sarcastic comments
- 5. Only interacts and makes eye contact with people like them
- 6. Gives unsolicited "advice"

- 7. Disregards feedback from others
- 8. Laughs at or makes fun of others
- 9. Treats peers with disrespect
- 10. Uses an overly aggressive or forceful style
- 11. Challenges the validity of the information being presented



### **Some Differences that Make a Difference**

- Age
- **Athleticism** •
- Criminal background
- Disability & Health status
- Economic class
- Educational level
- English proficiency
- **Family status** •
- Gender identity/expression

- Geographic region
- **Hierarchical level**
- **Immigration**, refugee status
- Job function
- **Marital/relationship** status
- Mental health status
- **National origin**
- **Parental status**
- **Race, ethnicity**

- Religion/spirituality
- Sex/gender
- **Sexuality** 
  - Size/appearance •
  - Skin color; phenotype
  - Military, veteran status
  - Working style
  - Years of experience
  - Others...

#### **Unproductive Meeting Behaviors**

As you review some of the unproductive meeting behaviors:

- What 4-5+ behaviors that occur in meetings you attend?
- AND the <u>PROBABLE IMPACT</u> across privileged/marginalized group memberships?
- <u>Particularly</u> if no one interrupts and shifts these dynamics in the moment?



## **INTENT vs. IMPACT**

**Unproductive Meeting Behaviors ~** Impact Across Differences?

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## **IMPACT <u>AND</u> INTENT**

## **REFLECT:** How <u>have you</u> already effectively shifted unproductive meeting dynamics?

### **REFLECT:** How <u>could you</u> shift these types of unproductive meeting dynamics in the moment?

## What can we do if any of these occur?

## **Redirect - Indirect – Direct** (1-10 intensity)



#### **PAN** (share what you observed, noticed)

#### **<u>ASK</u> a question**

#### **INTERRUPT** the dynamic

**<u><b>RELATE**</u> in ~ to the person, situation

**<u>SHARE</u>** a reaction, story, example, feeling...