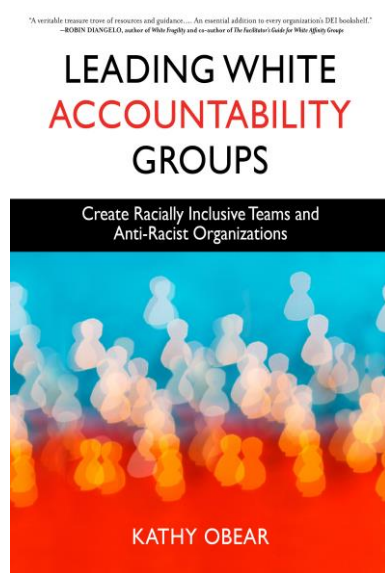
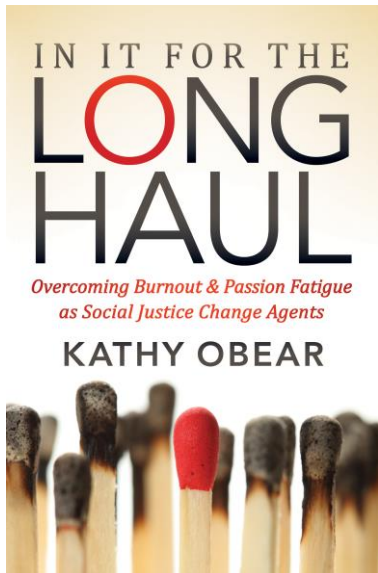


Recognize and Respond to Microaggressions



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BREATHE

Course Learning Intentions

- 1. Recognize common microaggressive situations that occur in the workplace and during interactions with those you serve.**
- 2. Understand your responsibility to use your privilege to speak up and shift microaggressive situations as an ally.**
- 3. Identify the probable negative impacts of microaggressions as well as the types of bias and prejudice possibly fueling various microaggressions.**
- 4. Effectively interrupt and shift microaggressive dynamics in the moment.**
- 5. Respond effectively when given feedback about the negative impact of your comments, actions, and/or inactions.**

Course format and flow

- **I share content and skills** *as I lead you through various activities.*
- **Pause the recordings** *to complete the worksheets and journal about the reflection prompts.*
- *Complete the* **prework assignments** *and the quizzes.*



What is in
each circle
for you?

