LWAG Chat File 12/15/23

* + I remember (embarrassingly) to ask the facilitator who was a black woman to explain to me why reverse racism was not a think.
  + feeling shame and disgust
  + felt shame and disgust when I first heard about white privilege.
  + yes, shame and regret for being oblivious to my white privilege at that point -- new compassion for folks who are struggling without any race privilege and shame over my continued complicity.
  + I still don’t feel comfortable talking about my marginalized identity.
  + learning differences/ neurodiversity and intersection with class/race
  + thin bodied - noticing that on airplanes, other public seating, also when I eat out, or shop for clothing.
  + White privilege: my marginalized identity- I have the choice to hide it.
  + Is "white-skin privilege" a preferred, "clearer" term to use as opposed to simply "white privilege"?
  + That is a good question. Huh. I wonder if it's one worth even just having your group talking about.
  + extroverted
  + mild manner, low emotion
  + Listeners
  + it depends - what is your gender.
  + Lead by example
  + Speaks without an accent.
  + efficient, strategy minded, detached emotionally.
  + supportive of teams
  + trustworthy, high integrity
  + low emotion, decisive
  + Doesn’t challenge the status quo.
  + show up early and stay later - don't take vacation.
  + disrespectful
  + Bit\*\*y
  + rude
  + so unfair
  + Totally new awareness area for me!
  + aggressive
  + violent system
  + Ugh, my brain's 'new fun thought' that just happened was if someone of another color shows up early or stays late then I guess they can't get their work done in the allotted time. UGH.
  + yes! or as I am reading this, I am noticing that I tend to think about that along ageism.
  + Yes, powerful thoughts from both of you.
  + <https://www.c-span.org/video/?c4880307/user-clip-dr-bettina-love-explains-means-conspirator>
  + Wallack & Lawrence's commentary on "America's Second Language" -- an American Journal of Public Health commentary (2005) on talking about public health >> challenges the rugged individualism attitude that is so racist and embedded in white privilege.
  + I do a lot of stopping and breathing, when the white savior temptation comes in. With myself or others. That's the moment I take to use Kathy's "Let's breathe", to reset and check in on intentions.