**Diverse Community Foundations**

1. Communities are built through building relationships of trust and commitment.

2. We are all doing the best we can (most of the time).

3. We don’t know all there is to know.

4. Just because you are, doesn’t mean you understand: Just because you’re not, doesn’t mean you don’t understand.

5. Oppression is pervasive and impacts us all.

6. It is not our fault, but we must accept responsibility to create change.

7. Conflict and discomfort are often a part of growth.

8. Seek first to understand, then to be understood.

9. Practice forgiveness and letting go.

10. Self-work, healing and self-love are necessary for acceptance of others.

11. Acknowledge, Appreciate, and Celebrate Progress.

12. There are no quick fixes.

13. Individuals and organizations DO grow and change. There is HOPE.

14. We’re better together and deeply connected soul to soul.

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